

THE HEART AND MOUTH CONNECTION

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It's not enough to have faith in our hearts ... we also need to speak our faith. Faith in two places.

We do all have a "Heart and Mouth Connection". The topic is broader than just faith.

We all speak. We should realise the importance of our words. Today, we are going to focus on the Heart and Mouth Connection.

We need to see what our heart reveals about what we are speaking.

Matthew 12:31-37

"Therefore I say to you, every sin and blasphemy will be forgiven men, but the blasphemy against the Spirit will not be forgiven men. Anyone who speaks a word against the Son of Man, it will be forgiven him; but whoever speaks against the Holy Spirit, it will not be forgiven him, either in this age or in the age to come.

"Either make the tree good and its fruit good, or else make the tree bad and its fruit bad; for a tree is known by its fruit. Brood of vipers! How can you, being evil, speak good things? **For out of the abundance of the heart the mouth speaks.** (Leaks?) A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things. But I say to you that **for every *idle word men may speak, they will give account of it in the day of judgment. For by your words you will be justified, and by your words you will be condemned.**"#

(#By my words I'll be justified and by my words ... I'll be condemned)

(*Idle words = useless, vain, inactive, futile, empty words, non productive. Jesus' words changed things ... ours should too)

Our words reveal what is in our hearts.

Luke 6:45

A good man out of the good treasure of his heart brings forth good; and an evil man out of the evil treasure of his heart brings forth evil. **For out of the abundance of the heart his mouth speaks.** (leaks)

There is a heart and mouth connection. What is coming out/leaking out of the heart? We will be judged by our words. Because the words reveal what is in our hearts. There is a connection.

Mark 11:12-23

Now the next day, when they had come out from Bethany, He was hungry. And seeing from afar a fig tree having leaves, He went to see if perhaps He would find something on it. When He came to it, He found nothing but leaves, for it was not the season for figs. In response **Jesus said to it, "Let no one eat fruit from you ever again."**

And His disciples heard it.

So they came to Jerusalem. Then Jesus went into the temple and began to drive out those who bought and sold in the temple, and overturned the tables of the money changers and the seats of those who sold doves. And He would not allow anyone to carry wares through the temple. Then He taught, saying to them, "Is it not written, 'My house shall be called a house of prayer for all nations'? But you have made it a 'den of thieves.' " And the scribes and chief priests heard it and sought how they might destroy Him; for they feared Him, because all the people were astonished at His teaching. When evening had come, He went out of the city.

Now in the morning, as they passed by, they saw the fig tree dried up from the roots. And Peter, remembering, said to Him, "Rabbi, look! The fig tree which You cursed (**devoted to destruction**) has withered away."

So Jesus answered and said to them, "Have faith in God. For assuredly, I say to you, **whoever says** to this mountain, 'Be removed and be cast into the sea,' and **does not doubt in his heart**, but believes that those things **he says** will be done, **he will have whatever he says.**

Romans 10:8-10

But what does it say? **"The word is near you, in your mouth and in your heart"** (that is, the word of faith which we preach): (The Word of Faith

is in two places ... In your MOUTH & IN YOUR HEART!!) that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. (**FAITH SPEAKS!! Confess with your mouth!**) For with **the heart one believes unto righteousness, and with the mouth confession is made unto salvation.**

Matthew 15:7-20

Hypocrites! Well did Isaiah prophesy about you, saying:

'These people draw near to Me with their mouth,

And honour Me with their lips,

But their heart is far from Me.

And in vain they worship Me,

Teaching as doctrines the commandments of men.' "

When He had called the multitude to Himself, He said to them, "Hear and understand: Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man."(spiritually)

Then His disciples came and said to Him, "Do You know that the Pharisees were offended when they heard this saying?"

But He answered and said, "Every plant which My heavenly Father has not planted will be uprooted. Let them alone. They are blind leaders of the blind. And if the blind leads the blind, both will fall into a ditch."

Then Peter answered and said to Him, "Explain this parable to us."

So Jesus said, "Are you also still without understanding? Do you not yet understand that whatever enters the mouth goes into the stomach and is eliminated? **But those things which proceed out of the mouth come from**

the heart, and they defile a man. For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies. These are the things which defile a man, but to eat with unwashed hands does not defile a man."

We should be mindful of what we are saying. What do those words reveal?

Proverbs 4:20-27

My son, give attention to my words;

Incline your ear to my sayings.
Do not let them depart from your eyes;
Keep them in the midst of your heart;
For they are life to those who find them,
And health to all their flesh.

**Keep your heart with all diligence,
For out of it spring the issues of life.
Put away from you a deceitful mouth,
And put perverse lips far from you.**

Let your eyes look straight ahead,
And your eyelids look right before you.
Ponder the path of your feet,
And let all your ways be established.
Do not turn to the right or the left;
Remove your foot from evil.

Proverbs 4:20-24 THE MESSAGE

Dear friend, listen well to my words;
tune your ears to my voice.
Keep my message in plain view at all times.
Concentrate! Learn it by heart!
Those who discover these words live, really live;
body and soul, they're bursting with health.

**Keep vigilant watch over your heart;
that's where life starts.**

**Don't talk out of both sides of your mouth;
avoid careless banter, white lies, and gossip.**

Proverbs 15:28

**The heart of the righteous studies how to answer,
But the mouth of the wicked pours forth evil.**

Proverbs 15:28 YOUNGS LITERAL

The heart of the righteous meditateth to answer, And the mouth of the wicked uttereth evil things.

WATCH WHAT YOU SAY!! THINK BEFORE YOU SPEAK!!

Proverbs 16:23-24

The heart of the wise teaches his mouth,

And adds learning to his lips.

Pleasant words are like a honeycomb,

Sweetness to the soul and health to the bones.

Proverbs 23:15-16

My son, **if your heart is wise,**

My heart will rejoice—indeed, I myself;

Yes, my inmost being will rejoice

When **your lips speak right things.**

Proverbs 18:21

Death and life are in the power of the tongue,

And those who love it will eat its fruit. Guess who chooses??

Proverbs 18:21 NLT

The tongue can bring death or life;

those who love to talk will reap the consequences.

Psalms 37:27-31

Depart from evil, and do good;

And dwell forevermore.

For the Lord loves justice,

And does not forsake His saints;

They are preserved forever,

But the descendants of the wicked shall be cut off.

The righteous shall inherit the land,

And dwell in it forever.

The mouth of the righteous speaks wisdom,

And his tongue talks of justice.

The law of his God is in his heart;

None of his steps shall slide.

What are we saying? What is in our hearts in abundance? What do our words reveal about our heart? God hears them!!

Ecclesiastes 5:1-2

Walk prudently when you go to the house of God; and draw near to hear rather than to give the sacrifice of fools, for they do not know that they do evil.

Do not be rash with your mouth

And let not your heart utter anything hastily before God.

For God is in heaven, and you on earth;

Therefore let your words be few.

Ecclesiastes 5:2 NLT

Don't make rash promises, and don't be hasty in bringing matters before God. After all, God is in heaven, and you are here on earth. So let your words be few.

Bridle your tongue.

James 1:19-20

So then, my beloved brethren, let every man be swift to hear, (be a good listener) slow to speak, (ponder, take your time) slow to wrath; for the wrath of man does not produce the righteousness of God.

James 1:26

If anyone among you thinks he is religious, and **does not bridle his tongue but deceives his own heart,** this one's religion is useless. (Watch your tongue! Watch what you say!!)

James 3:1-12

My brethren, let not many of you become teachers, knowing that we shall receive a stricter judgment. For we all stumble in many things. If anyone does not stumble in word, he is a perfect man, able also to bridle the whole body. (We should control our words --- our speech "locates" us)

Indeed, we put bits in horses' mouths that they may obey us, and we turn their whole body. Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires. Even so the tongue is a little member and boasts great things.

See how great a forest a little fire kindles! And the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell. For every kind of beast and bird, of reptile and creature of the sea, is tamed and has been tamed by mankind. But no man can tame the tongue. It is an unruly evil, full of deadly poison. (No man means NO UNCONVERTED MAN!!) With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so. Does a spring send forth fresh water and bitter from the same opening? Can a fig tree, my brethren, bear olives, or a grapevine bear figs? (Our words should be consistently righteous) Thus no spring yields both salt water and fresh.

Luke 1:5-25 A bad example ... Zacharias.

There was in the days of Herod, the king of Judea, a certain priest named Zacharias, of the division of Abijah. His wife was of the daughters of Aaron, and her name was Elizabeth. And they were both righteous before God, walking in all the commandments and ordinances of the Lord blameless. But they had no child, because Elizabeth was barren, and they were both well advanced in years.

So it was, that while he was serving as priest before God in the order of his division, according to the custom of the priesthood, his lot fell to burn incense when he went into the temple of the Lord. And the whole multitude of the people was praying outside at the hour of incense. Then an angel of the Lord appeared to him, standing on the right side of the altar of incense. And when Zacharias saw him, he was troubled, and fear fell upon him.

But the angel said to him, "Do not be afraid, Zacharias, for your prayer is heard; and your wife Elizabeth will bear you a son, and you shall call his name John. And you will have joy and gladness, and many will rejoice at

his birth. For he will be great in the sight of the Lord, and shall drink neither wine nor strong drink. He will also be filled with the Holy Spirit, even from his mother's womb. And he will turn many of the children of Israel to the Lord their God. He will also go before Him in the spirit and power of Elijah, 'to turn the hearts of the fathers to the children,' and the disobedient to the wisdom of the just, to make ready a people prepared for the Lord."

And Zacharias said to the angel, "How shall I know this? For I am an old man, and my wife is well advanced in years." (Really??)

And the angel answered and said to him, "I am Gabriel, who stands in the presence of God, and was sent to speak to you and bring you these glad tidings. **But behold, you will be mute and not able to speak until the day these things take place, because you did not believe my words which will be fulfilled in their own time.** (You can't let some people say some things!!)

And the people waited for Zacharias, and marveled that he lingered so long in the temple. But when he came out, he could not speak to them; and they perceived that he had seen a vision in the temple, for he beckoned to them and remained speechless.

So it was, as soon as the days of his service were completed, that he departed to his own house. Now after those days his wife Elizabeth conceived; and she hid herself five months, saying, "Thus the Lord has dealt with me, in the days when He looked on me, to take away my reproach among people."

Words are important. Our speech is important.

Luke 1:26-38 The example of Mary.

Now in the sixth month the angel Gabriel was sent by God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David. The virgin's name was Mary. And having come in, the angel said to her, "Rejoice, highly favoured one, the Lord is with you; blessed are you among women!"

But when she saw him, she was troubled at his saying, and considered what manner of greeting this was. Then the angel said to her, "Do not be

afraid, Mary, for you have found favour with God. And behold, you will conceive in your womb and bring forth a Son, and shall call His name Jesus. He will be great, and will be called the Son of the Highest; and the Lord God will give Him the throne of His father David. And He will reign over the house of Jacob forever, and of His kingdom there will be no end." Then Mary said to the angel, "How can this be, since I do not know a man?" (No unbelief here)

And the angel answered and said to her, "The Holy Spirit will come upon you, and the power of the Highest will overshadow you; therefore, also, that Holy One who is to be born will be called the Son of God. Now indeed, Elizabeth your relative has also conceived a son in her old age; and this is now the sixth month for her who was called barren. For with God nothing will be impossible."

Then Mary said, "Behold the maidservant of the Lord! **Let it be to me according to your word.**" (Make it so!!) And the angel departed from her.

Psalms 19:14

**Let the words of my mouth and the meditation of my heart
Be acceptable in Your sight,**

O Lord, my strength and my Redeemer.

Matthew 12:34-37

Brood of vipers! How can you, being evil, speak good things? **For out of the abundance of the heart the mouth speaks.** A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things. But I say to you that for every idle word men may speak, they will give account of it in the day of judgment. For by your words you will be justified, and by your words you will be condemned."

There is a heart and a mouth connection. It would help for us to be alert to what we are saying habitually. What do my words reveal about my heart? Can I really say, "Let the words of my mouth and the meditation of my heart be acceptable in Your sight."

If the words
you spoke
Appeared on
your skin,
Would you still
Be beautiful?